

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

Day 1

Getting Started:

Fasting brings you into a deeper, more intimate, and powerful relationship with the Lord.

When you eliminate food from your diet for a number of days, your spirit becomes uncluttered by the things of this world and amazingly sensitive to things of God.

On Your First Day of Fasting, remember:

- ☉ Pray and stay in God's Word
- ☉ Drink Lots of Water
- ☉ Keep your focus and Avoid temptation
- ☉ Remember your fast and its purpose
- ☉ God will give you grace to succeed
- ☉ Play praise and worship music as much as possible

Physical and Spiritual Effects:

Hunger pangs and cravings for food, sugar and caffeine

Head aches can begin as your body eliminates toxins

Thoughts for your Journal:

What are your own personal reasons for fasting?

Do you desire sensitivity to the things of God?

Prayer Focus Day 1: Salvation of Souls

There is no Greater Burden for which to seek the Lord than the salvation of souls. If you have unsaved friends and family – and we all do – they need to hear of God's love for them, but they also need to understand that there is a very real, very dark, very horrific place for those who do not accept Jesus. The Lord spoke more of hell than he did of Heaven. Say as you begin this fast, let your focus be the souls of those close to you who need salvation. Do not be discouraged but persistent. Keep praying!" Consider Him endured such oppositions from sinful men, so that you will not grow weary and lose heart" (Hebrews 12:2)

My Spiritual Hit List

Unsaved family members and friends to target in prayer during this fast

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I tell you, now is the time of God's favor, now is the day of Salvation.

2 Corinthians 6:2

Believe God for WISDOM:

1 Corinthians 1:30, 1 Kings 4:29, 2 Chronicles 1:10, Colossians 1:9, Colossians 4:5, Deuteronomy 34:9

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Read the Scripture then pray the prayer afterward.

1 Corinthians 1:30 Amplified Bible (AMP)

30 But it is from Him that you have your life in Christ Jesus, Whom God made our Wisdom from God, [revealed to us a knowledge of the divine plan of salvation previously hidden, manifesting itself as] our Righteousness [thus making us upright and putting us in right standing with God], and our Consecration [making us pure and holy], and our Redemption [providing our ransom from eternal penalty for sin].

Father, I thank you that I am in Christ Jesus, who has become my wisdom, my righteousness, my sanctification and my redemption.

1 Kings 4:29 Amplified Bible (AMP)

29 And God gave Solomon exceptionally much wisdom and understanding, and breadth of mind like the sand of the seashore.

Father, I thank you that you have given me wisdom, great understanding, and largeness of heart like the sand on the sea shore.

2 Chronicles 1:10 Amplified Bible (AMP)

10 Give me now wisdom and knowledge to go out and come in before this people, for who can rule this Your people who are so great?

Father, I thank you that you have given me wisdom and knowledge, that I may go out and come in before Your people.

Colossians 1:9 Amplified Bible (AMP)

9 For this reason we also, from the day we heard of it, have not ceased to pray and make [[a]special] request for you, [asking] that you may be filled with the [b]full (deep and clear) knowledge of His will in all spiritual wisdom [[c]in comprehensive insight into the ways and purposes of God] and in understanding and discernment of spiritual things—

Father, I thank you that I am filled with the knowledge of Your will in all wisdom and in Spiritual understanding.

Colossians 4:5 Amplified Bible (AMP)

5 Behave yourselves wisely [living prudently and with discretion] in your relations with those of the outside world (the non-Christians), making the very most of the time and seizing (buying up) the opportunity.

Father, I thank you that I redeem the time, for I walk in wisdom toward those who do not walk in it.

Deuteronomy 34:9 Amplified Bible (AMP)

9 And Joshua son of Nun was full of the spirit of wisdom, for Moses had laid his hands upon him; so the Israelites listened to him and did as the Lord commanded Moses.

Father, I want to thank you that I am full of the Spirit of wisdom because I have chosen to do as the Lord commanded me.